

## Roasted Stuffed Pear Salad with Fig Ground Mustard

YIELDS: 6 servings

## SALAD INGREDIENTS:

- 2 Pears, cored, halved & peeled
- 3 Tbsp Gorgonzola Cheese, crumbled
- 3 Tbsp Walnuts, chopped
- 3 c Arugula

## DRESSING INGREDIENTS:

1 Tbsp F+F Fig Ground Mustard Dip Juice of 1 Lemon

½ c Olive Oil

4 Tbsp Balsamic Vinegar

1 Garlic Clove

## **INSTRUCTIONS:**

- 1. Preheat oven to 375°F.
- 2. Peel pears & set them on a parchment-lined sheet tray.
- 3. Make the dressing by placing F+F Fig Ground Mustard Dip, lemon juice, olive oil, balsamic vinegar, and clove into a blender. Purée until smooth.
- 4. Toss pear halves with about 4 tablespoons of dressing, to coat.
- 5. Fill peeled pear halves with crumbled Gorgonzola & chopped walnuts.
- 6. Bake the pears for 10-15 minutes, until bubbly & soft.
- 7. Remove from the oven & set aside to cool. Prepare arugula by washing. Once dried, distribute into bowls for serving.
- 8. Crumble any remaining cheese & nuts over the arugula, then place cooled pears on top.
- 9. Drizzle with remaining dressing & serve.



