

## Buttermilk Berry Jam Muffins

COOK TIME: 30 Minutes YIELDS: 8 Muffins

## **INGREDIENTS:**

2 ½ c All-Purpose Flour
1½ tsp Baking Powder
½ tsp Baking Soda
¼ tsp Salt
1 c Buttermilk
½ c Canola Oil
2 Eggs
1 Tbsp Vanilla Extract
¾ c Granulated Sugar
1 c Blackberries, washed & drained
½ c F+F Triple Berry Jam



## **DIRECTIONS:**

- 1. In a large mixing bowl, combine flour, baking powder, baking soda & salt. Mix well & set aside.
- 2. Preheat the oven to 400°F.
- 3. In a separate bowl, whisk together the buttermilk, oil, eggs & vanilla until fully combined. Once combined, add the sugar & mix well.
- 4. Gradually pour the wet ingredient mixture into the bowl with the dry ingredients, mixing until the batter is smooth.
- 5. Cut the blackberries in half & carefully fold them into the batter, taking care not to break them.
- 6. Using a scoop or spoon, fill each lined muffin tin with about ¼ cup of batter. Then add one tablespoon F+F Triple Berry Jam on top of each muffin, & gently stir it in so that it is slightly incorporated.
- 7. Bake the muffins in the preheated oven for 20-25 minutes, or until a toothpick inserted into the center comes out clean.